



1. TITLE OF THE CERTIFICATE (NL)

Diploma Beroepsonderwijs
Kwalificatie: Voeding- en leefstijladviseur
Kwalificatiedossier: Voeding- en leefstijladvies

In the original language

2. TRANSLATED TITLE OF THE CERTIFICATE (EN)

Certificate Senior Secondary Vocational Education
Qualification: Nutrition and lifestyle consultant
Qualification file: Nutrition and lifestyle advice

This translation has no legal status

3. PROFILE OF SKILLS AND COMPETENCES

Core task 1: Offers a Sport and Exercise programme for a healthy/healthier lifestyle

- 1.1 Determines the initial situation and sets the goals
- 1.2 Sets up a programme for a healthy(ier) lifestyle
- 1.3 Works towards structurally maintaining a healthy lifestyle
- 1.4 Coaches and supervises customers/clients

Core task 2: Supervises the use of diet and nutrition

- 2.1 Considers the wishes/needs of the client
- 2.2 Advises the customer/client on use of nutrition and diet
- 2.3 Presents dietary information
- 2.4 Participates in projects (research, events, information provision, etc.)
- 2.5 Develops personally in the field of nutrition and information in the chain

Core task 3: Innovates and improves service in the kitchen

- 3.1 Develops new dishes
- 3.2 Carries out menu engineering

4. RANGE OF OCCUPATIONS ACCESSIBLE TO THE HOLDER OF THE CERTIFICATE

The Nutrition and lifestyle consultant works (in paid employment or self-employed) in organisations where nutrition and lifestyle play an important role. This can include weight loss studios or catering companies, company canteens, dietary clinics, fitness centres, dietary centres in hospitals and nursing homes. As well as offering advice on nutrition and lifestyle, they can also supervise programmes for implementing this advice in the lifestyle of the care recipient. The target group for whom the nutrition and lifestyle consultant works is diverse. It can include young people with weight problems, elderly people looking to regain enjoyment of a healthy diet, people recovering from illness, families or individuals forced to work with a limited budget and any other clients wishing to work towards a long-term change in their dietary pattern and lifestyle.

*** Explanatory note**

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information is available at: <http://www.europass.cedefop.europa.eu/>

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5. OFFICIAL BASIS OF THE CERTIFICATE

<p>Name and status of the body awarding the certificate The certificate issued on completion of the programme is signed by the examination board at the school where the pupil attended the programme.</p>	<p>Name and status of the national/regional authority providing accreditation/recognition of the certificate Ministry of Education, Culture and Science</p>																				
<p>Level of the certificate (national or international) Qualification level 4 of the Dutch VET qualification structure Characteristics: non-job related skills such as tactical and strategic capacities. The professional bears his or her own responsibility, which is not only related to practical implementation in terms of monitoring and supervision, but also a more formal, organisational responsibility. The range of tasks also includes drafting new procedures. NLQF-niveau 4 - EQF level 4 - ISCED 3A</p>	<p>Grading scale / Pass requirements</p> <table style="border: none;"> <tr><td>10</td><td>excellent</td></tr> <tr><td>9</td><td>very good</td></tr> <tr><td>8</td><td>good</td></tr> <tr><td>7</td><td>very satisfactory</td></tr> <tr><td>6</td><td>pass</td></tr> <tr><td>5</td><td>fail</td></tr> <tr><td>4</td><td>unsatisfactory</td></tr> <tr><td>3</td><td>very unsatisfactory</td></tr> <tr><td>2</td><td>poor</td></tr> <tr><td>1</td><td>very poor</td></tr> </table>	10	excellent	9	very good	8	good	7	very satisfactory	6	pass	5	fail	4	unsatisfactory	3	very unsatisfactory	2	poor	1	very poor
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<p>Access to next level of education/professions After obtaining the diploma, the Nutrition and lifestyle consultant can advance to Nutrition and Dietetics, Sport, Health and Management (Sports Science), Teacher knowledge manager diet, Food & Technology (higher professional education) or Physiotherapy.</p>	<p>International agreements Nutrition and lifestyle consultant is not a regulated profession in the Netherlands. However, the education and training for this profession on qualification level 4 is regulated under the European directive 2005/36/EC, amended by directive 2013/55/EU. The regulated education and training gives access to regulated professions at the level of a diploma according to article 11 of this directive.</p>																				
<p>Legal basis Act on Vocational Education and Training (WEB), registered number of qualification (crebo): 25848 The education and training for this qualification is offered as of 01-08-2023.</p>																					

6. OFFICIALLY RECOGNISED WAYS OF ACQUIRING THE CERTIFICATE

<p>Senior secondary vocational education features two learning pathways: the school-based pathway (bol) and the training on the job pathway (bbl). In the school-based pathway, the majority of the course consists of theory at school. The extent of the practical component (vocational practice) is between 20% and 60%. In the training on the job pathway, the extent of vocational practice is at least 60% of the course. The participant works four days a week in a training company, and attends school for theory subjects just one day a week. In principle it is possible to follow both learning pathways, but which pathway is offered will depend on the individual educational institution.</p>	
<p>Average duration of the education/ training leading to the certificate</p>	<p>3 years (4800 study hours) (depending on previous education)</p>
<p>Entry requirements The certificate preparatory vocational secondary education (vmbo) advanced vocational programme, combined programme, or theoretical programme, or a comparable level.</p>	

7. ADDITIONAL INFORMATION

<p>Dutch senior secondary VET is based on qualification files, that each contain one or more qualifications. The information included in part 3 and 4 is derived directly from the qualification file determined by the Minister of Education, Culture and Science. The complete qualification file can be found at kwalificaties.s-bb.nl, only in Dutch.</p> <p>Optional subjects are linked to the qualification. The optional subjects have a total size of 15% of the course duration. The optional subjects completed by the student are listed on the certificate.</p> <p>Additional information, including a description of the Dutch national qualifications system, is available at the Netherlands National Reference Point (NRP): www.s-bb.nl. The NRP is the information centre for vocational</p>
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7. ADDITIONAL INFORMATION

qualifications in the Netherlands. SBB has been appointed in this capacity by the Ministry of Education, Culture and Science.